

# DOES GOD CARE WHAT WE DO WITH OUR BODIES?

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## How do we know he cares?

### Clue No. 1: Creation

- Our bodies are hand-crafted masterpieces of God. (Genesis 2:7 & Psalm 139:13-16)
- We were created to glorify God. (1 Corinthians 10:31 & Ephesians 2:10)

### Clue No. 2: Jesus Christ

- God himself took on a body like ours. (John 1:14)
- Jesus healed bodies. (Luke 4:38-40)
- God resurrected Jesus' body. (John 20:24-27 & 1 Corinthians 15:20-23)

### Clue No. 3: Temples & Tents

- Our bodies are temples of the Holy Spirit. (1 Corinthians 6:19-20)
- We will face judgment for what we do with our bodies. (2 Corinthians 5:1, 9b-10)

## What difference does it make?

### Clue No. 1: Creation

- If our bodies are masterpieces of God, we ought to handle them with care.
- If we were created to glorify God, then everything we do with our bodies should be pleasing to him.

### Clue No. 2: Jesus Christ

- If Jesus made it his business to restore health to physical bodies, we should make it our business to keep our bodies healthy.
- If our bodies will be resurrected and glorified in the same way that Jesus' was, we should take care of our bodies now, since we will have them for eternity.

### Clue No. 3: Temples & Tents

- If our bodies are temples of the Holy Spirit, we should make sure that our bodies are a fitting place for the Spirit to live.
- If we will face judgment for what we do with our bodies, we should avoid doing things that are displeasing to the Lord.

## How does it apply?

Does it glorify God?

Is it healthy or harmful?

Could it hurt someone else?

What are the consequences?

Would I be ashamed to "show" or "tell" God?

Am I prepared to live with this decision forever?